



Fave Books



I love a great book, especially on Audible, keeping me company on journeys or while doing housework. Here are my favorite books – which have had a significant impact on how I approach life.

Clarity & Inner Wisdom

1. **Clarity** – Jamie Smart
2. **The Inside-Out Revolution / The Space Within** – Michael Neill
3. **The Enlightened Gardener** – Sydney Banks
4. **The Field** – Lynne McTaggart
5. **Creating / The Path of Least Resistance** – Robert Fritz
6. **Strategic Intuition** – Bill Duggan
7. **The Fifth Discipline** – Peter M. Senge
8. **The Inner Game of Tennis** – Timothy Gallwey
9. **The Impersonal Life** – Joseph S. Benner

Connection & Communication

1. **Nonviolent Communication** – Marshall Rosenberg
2. **The 5 Secrets of Effective Communication** – David D. Burns
3. **Relationship Handbook** – George Pransky
4. **Leading Without Authority** – Keith Ferrazzi
5. **Captivate** – Vanessa Van Edwards
6. **On Dialogue** – David Bohm

Self-Awareness & Self-Love

1. **Insight** – Tasha Eurich
2. **The Mountain Is You** – Brianna Wiest
3. **Self-Love and Spiritual Alchemy** – Dani Watson
4. **Don't Sweat the Small Stuff** – Richard Carlson
5. **Positive Intelligence** – Shirzad Chamine
6. **The Let Them Theory** – Mel Robbins

Self-Healing & Transformation

1. **Inner Engineering** – Sadhguru
2. **Loving What Is** – Byron Katie
3. **The Gift** – Dr Edith Eger
4. **Letting Go** – David R. Hawkins
5. **Power vs. Force** – David R. Hawkins
6. **The Sedona Method** – Hale Dwoskin
7. **Breaking the Habit of Being Yourself** – Joe Dispenza
8. **Feeling Good** – David D. Burns
9. **The Secret to Mental Health** – George Pransky

Creation, Purpose & Possibility

1. **The Magician's Way** – William Whitecloud
2. **Leveraging the Universe / Infinite Possibilities** – Mike Dooley
3. **The Ultimate Key to Happiness** – Robert A. Scheinfeld
4. **The One Thing** – Gary Keller
5. **Hero on a Mission** – Donald Miller
6. **The Big Leap / The Genius Zone** – Gay Hendricks
7. **The Artist's Way** – Julia Cameron
8. **Four Thousand Weeks** – Oliver Burkeman
9. **Man's Search for Meaning** – Viktor E. Frankl
10. **Finite and Infinite Games** – James Carse